



**PRE-DEPARTURE**

ORIENTATION SESSION

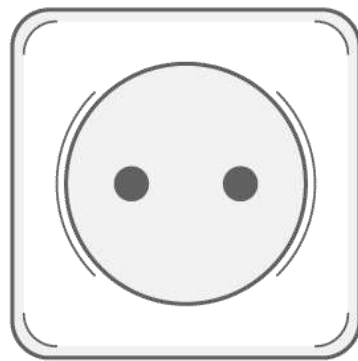
**INDONESIA**

# TRAVEL & DOCUMENTATION

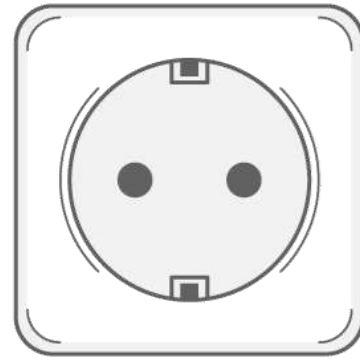
- Passport
- Flight Tickets and Itinerary
  - ✓ E-Copy of Travel Docs
  - ✓ Printed Copy
- Travel Authority
- Travel Ban Clearance (for Scholars)
- Accommodation Details
- Health and Travel Insurance
- Invitation Letter
- Travel Order/ Travel Authority

# GADGETS AND TECHNOLOGY

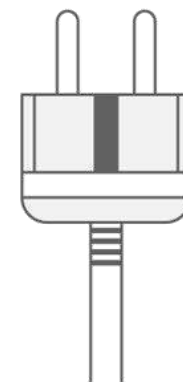
- ❑ Laptop and Charger
- ❑ Mobile Phones (Maps, Translator, Currency Converter, Uber/Grab)
- ❑ Powerbank
- ❑ Local Sim Cards
- ❑ Adapters for Local Outlets



Type C



Type F



# MONEY AND FINANCES

- Cash and Credit Cards
- Check for ATM Availability and Fees

# HEALTH AND SAFETY

- Necessary Medication  
(Paracetamol, Cetirizine, Anti-hypertensive Meds, Loperamide, Erceflora, White Flower, Band-Aid, Petroleum Jelly, etc.)
- Health and Travel Insurance
- Emergency Contact Numbers

# CLOTHING AND WEATHER ESSENTIALS

- Weather Appropriate Clothing
- Comfortable Walking Shoes
- Umbrella or Raincoat
- Sunscreen and Hat
- Extra pair of shoes
- Check Luggage Requirements
  - ✓ Hand Carry
  - ✓ Check-in

# RESPONSIBILITY TO BSU & PHILIPPINE GOVERNMENT

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- Assumption of Risk and Liability Waiver
- HRDC Requirements
  - ✓ COPE
  - ✓ REAP
- Travel Order/ Travel Authority
- If using a RED Passport, have it validated

# CHECK - IN

- Travel Tax
- Philippine Immigration
  - ✓ Travel Authority/Order
  - ✓ Passport
  - ✓ E-Travel (Accomplish within 72 hours before travel)
- Stay Connected
  - ✓ Smart: ROAM ON to 333
  - ✓ Globe has automatic roaming

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# ARRIVAL

- Check Passport
- Remember to collect your Hand Carried Baggage
- Proceed to Terminal Gate
- Pass through Immigration
- Collect check-in Luggage
- Exit Airport
- Buy local sim cards at the airport
- Book Uber for local transportation/ airport taxi



# COMING BACK

- Documents needed for liquidation
  - ✓ Certificate of Appearance
  - ✓ Boarding Pass
  - ✓ Receipts
- Check Passport
- E-Travel (Accomplish within 72 hours before travel)
- Accomplishment Report with Photo Documentation

# ESSENTIAL TIPS FOR YOUR TRAVEL

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## 1. GETTING THERE

- Book your flight with all necessary information
- Pack according to airline luggage limits
- Consider green travel options like trains, buses or carpooling for low-emission transport.

## 2. CHOOSE ACCOMMODATION WISELY

- Stay close to your training/conference venue to save commuting time
- Use AirBNB and Booking.com to find well-reviewed and safe accommodations.

# ESSENTIAL TIPS FOR YOUR TRAVEL

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## 3. UNDERSTAND LOCAL TRANSPORTATION

- Research transportation options from the airport to your accommodation and local transit systems
- Use Apps like Google Maps
- Download taxi or local transportation apps before travel.

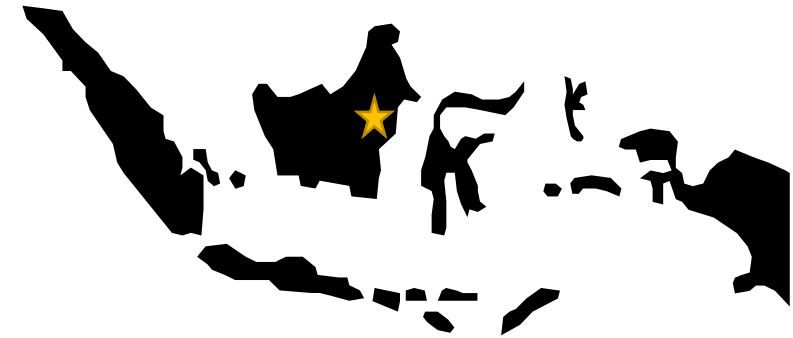
## 4. HEALTH AND SAFETY PRECAUTIONS


- Ensure travel insurance for your trip.
- Research the safety of your destination and keep emergency contact numbers handy.

# ESSENTIAL TIPS FOR YOUR TRAVEL

## 5. ENSURE A MULTICULTURAL EXPERIENCE

- Respect local traditions and customs to immerse yourself.



<b>FLAG</b>	
<b>CAPITAL</b>	JAKARTA
<b>CURRENCY</b>	INDONESIAN RUPIAH (IDR) 1 Php = 266.89 IDR
<b>OFFICIAL LANGUAGE</b>	BAHASA INDONESIA

INDONESIA

# ESSENTIAL TIPS FOR YOUR TRAVEL

## 5. ENSURE A MULTICULTURAL EXPERIENCE

- Respect local traditions and customs to immerse yourself.

<b>DO</b>	<b>DON' T</b>
<ul style="list-style-type: none"><li>• Respect an Indonesian's modesty and keep distance from those of opposite gender.</li><li>• Wear modest clothing in public</li></ul>	<ul style="list-style-type: none"><li>• Use your left hand when shaking hands, waving at or passing something to someone</li><li>• Show the soles of your feet</li><li>• Touch other people's head</li><li>• Point with index finger. It is considered impolite</li><li>• Put hands in hips when you're tired.</li></ul>

# ESSENTIAL TIPS FOR YOUR TRAVEL

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## 6. IMPORTANT DOCUMENTS

- Organize and keep important documents like your passport, travel itinerary and insurance accessible.
- Store digital copies and carry physical copies.
- Have a list of important contacts, including your provider and university.

## 7. MONEY MATTERS AND LANGUAGE BASICS

- Carry a mix of cash and cards.
- Learn basic phrases in the local language for smoother interactions.
- Use language apps like Duolingo and Google Translate for assistance.



**ENJOY !**

**INDONESIA**

Pre-Departure Orientation Session (PDOS)